



# A Quilted Heart Hot Pad Pattern

Create A Cute & Useful Valentine Themed or Spring Gift -  
For A Friend or Yourself!



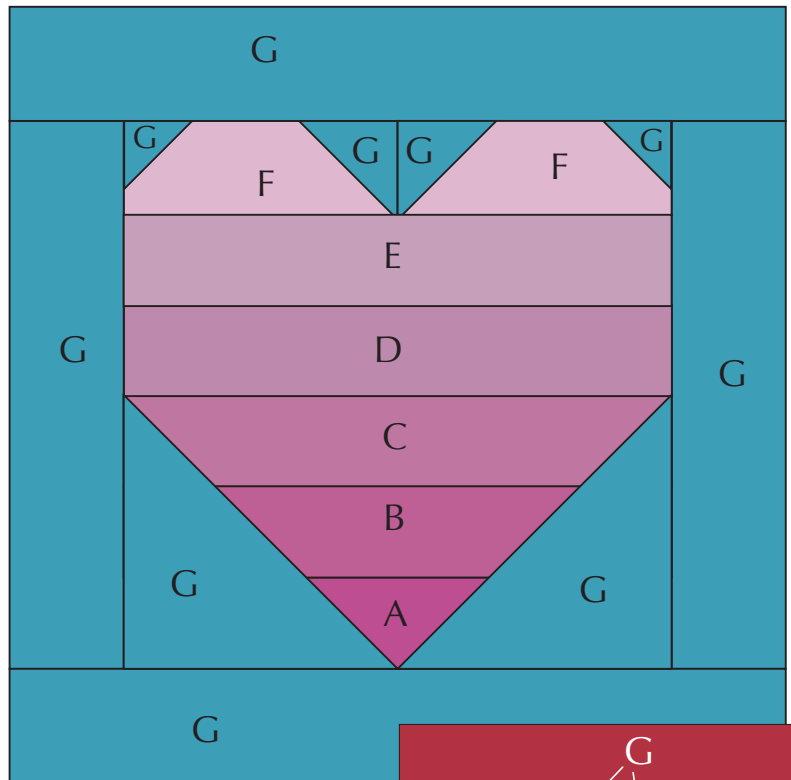
Sweet Clover Canyon

**M**ake this fast, fun and functional heart hot pad with your fabric stash! Choose black & white patterns with red for a Valentine theme. Or pinks & teal for a spring feel.

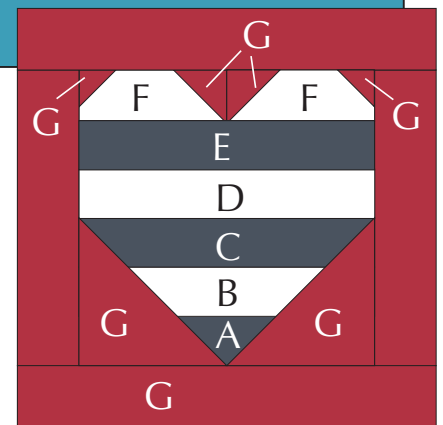
**General Instructions:** Read through entire pattern first. This pattern is rotary cut. All seam allowances are 1/4", except where noted. A straight foot may be used for the entire project. A 1/4" foot for accurate seam allowances and a walking foot for the quilting & binding steps are helpful.

*Insul-Bright* reflects radiant energy, hot & cold. Purchase at your local quilt shop. Read provided instructions for proper use & care.

**The Alpha Color Chart ©, illustrated on the right, is provided as a visual guide. Refer to it as needed for fabric letters/color and placement.**



Alpha Color Chart ©



## Fabric Requirements

**Note:** For the black & white with red version: Letters A, C & E use the same darker black & white fabric. Letters B, D, & F use the same lighter black & white fabric.

### HEART

Spring PINKS or Valentine BLACK & WHITES, going from dark to light, cut:

#### Fabric

#### Letter Cut Size

- A 1 — 1-1/2" x 6-1/2" strip
- B 1 — 1-1/2" x 6-1/2" strip
- C 1 — 1-1/2" x 6-1/2" strip
- D 1 — 1-1/2" x 6-1/2" strip
- E 1 — 1-1/2" x 6-1/2" strip
- F 2 — 1-1/2" x 3-1/2" strips

### OTHER HELPFUL TOOLS

- Washable marking pencil or marker
- Pins or Binding Clips - *I used Clover brand Wonder Clips*

### BACKGROUND/BACKING/BINDING: 1/3 yard

Spring TEAL or Valentine Red cut:

#### BACKGROUND

- G 2 — 1-1/2" x 6-1/2" strips
- 2 — 1-1/2" x 8-1/2" strips
- 2 — 1" x 1" squares
- 2 — 1-1/2" x 1-1/2" squares
- 2 — 3-1/2" x 3-1/2" squares

#### BACKING

- G 1 — 8-1/2" x 8-1/2" square

#### BINDING

- G 1 — 2-1/2" x 38" strip

### INSUL-BRIGHT

- 1 — 8-1/2" x 8-1/2" square

### 100% COTTON BATTING

- 1 — 8-1/2" x 8-1/2" square

## PIECED FLYING GEESSE BLOCK

1. Select the 1-1/2" x 6-1/2" strips of **A**, **B** & **C**. Sew **A** to **B**, press, then sew **C** to the **A/B** Unit. (Fig. 1) Check to make sure this new unit measures 3-1/2" x 6-1/2".

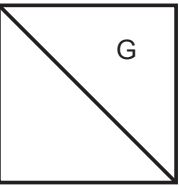


Fig. 2

2. Draw a diagonal line, point to point, on the wrong side of the two **G** 3-1/2" squares. (Fig. 2)

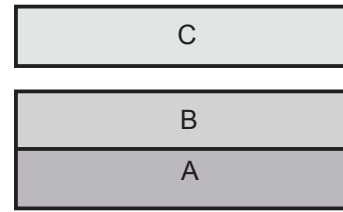


Fig. 1

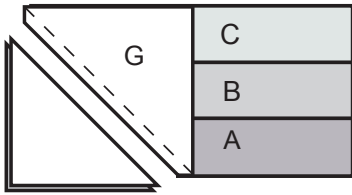


Fig. 3

3. Using the 3-1/2" x 6-1/2" **A**, **B**, **C** unit, place one 3-1/2" square of **G** fabric, right sides together, on one end of the **A**, **B**, **C** unit. Sew diagonally from point to point, on the drawn line on the **G** fabric. Trim seam allowance to 1/4". (Fig. 3) Press.

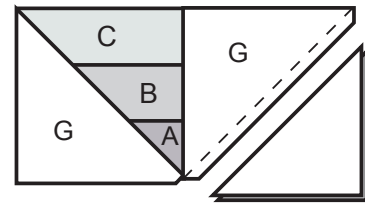


Fig. 4

4. Repeat with the other 3-1/2" **G** square on the other end & trim. (Fig. 4) Press.

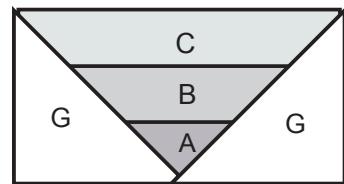


Fig. 5

5. Completed **Pieced Flying Geese Block**. (Fig. 5) (Block Size: 3-1/2" x 6-1/2")

## TOP OF HEART BLOCKS

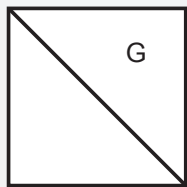


Fig. 6

1. Using the two 1-1/2" x 1-1/2" squares of **G** and the two 1" x 1" squares of **G** draw one diagonal line, corner to corner on the wrong side, of each. (Fig. 6)

2. Find one 1-1/2" x 3-1/2" strip of **F**. Using Figure 7 as your guide, place the 1" square, right sides together, on the upper left hand side. Stitch on the drawn line.

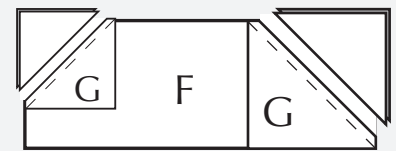


Fig. 7

Trim seam allowance to 1/4". Press. On the opposite side stitch on the drawn line of the 1-1/2" square of **G** to strip **F**. Trim seam allowance to 1/4". Press open. (Block Size: 1-1/2" x 3-1/2")



Fig. 8

3. Repeat step 2, applying the **G** squares on opposite sides, like a mirror reflection, on the second 1-1/2" x 3-1/2" strip of **F**. (Fig. 8)

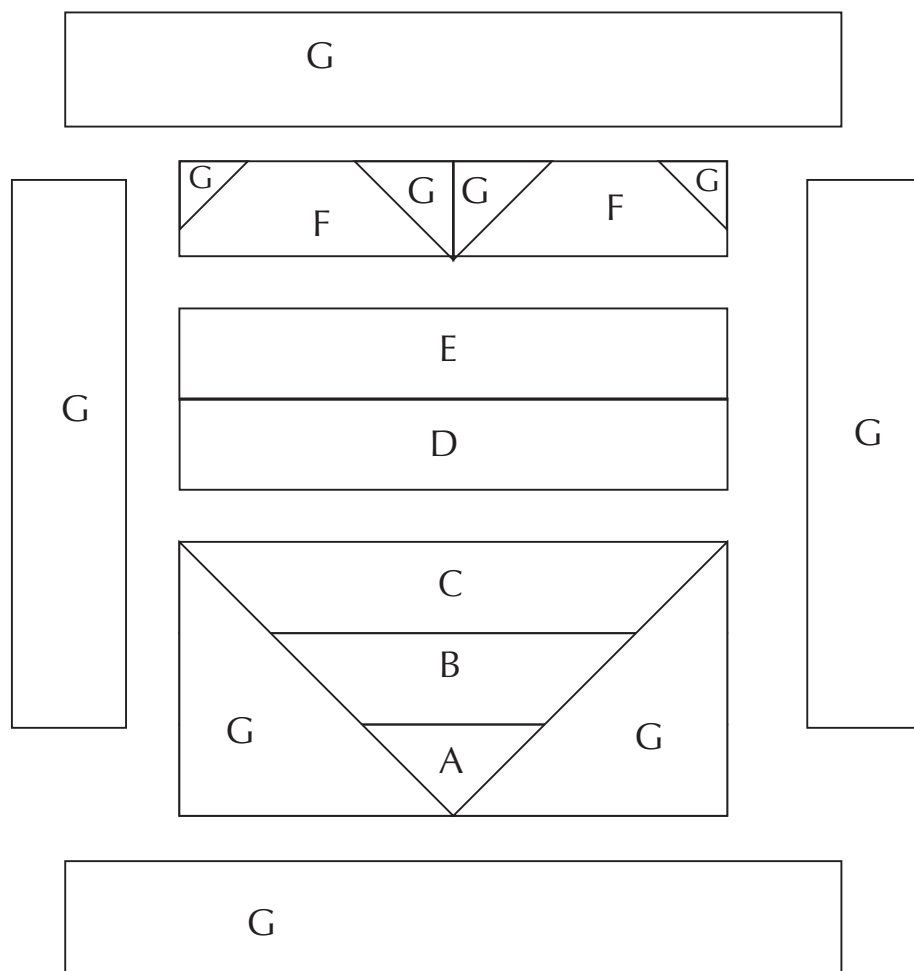


Fig. 9

4. Sew these two sections together to create the **Top of Heart Unit**. (Fig. 9) (Block Size: 1-1/2" x 6-1/2")



**HOT PAD TOP CONSTRUCTION:** Stitch per the piecing diagram below. 1/4" foot is helpful.



## 3 Prep & Quilt

### DRAW

Using a marking method that will wash out, draw a line corner to corner, on the hot pad top, going each way first. Note the intersection here. Then lightly mark 1-1/4" from each center line to complete the grid.

### LAYER

Layer the top, insul-bright, batting, and backing. Pin to secure the layers.

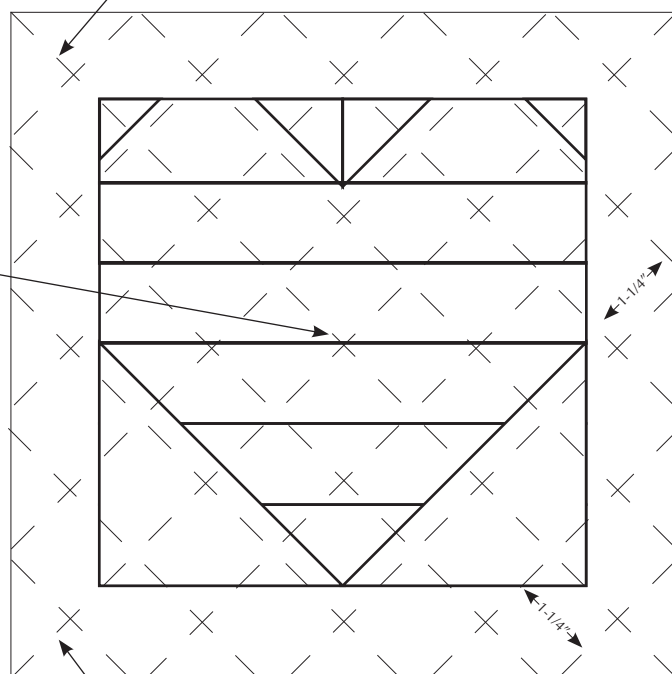
### QUILT

A walking foot is helpful but not required. Stitch the corner to corner lines first. Then the right & left sides going one direction, then complete the other direction.

### TRIM

To 8-1/2" x 8-1/2".

Draw 1st / Stitch 1st



Draw 2nd / Stitch 2nd

# 4

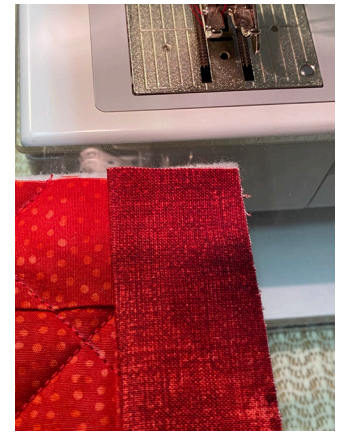
## Binding with Hanging Loop

1. Fold binding in half lengthwise and iron.

2. A 1/4" foot is helpful. Starting on the upper right hand corner of the hot pad, line up the raw edges of the binding with the raw edge of the hot pad. Start stitching . . .



1.



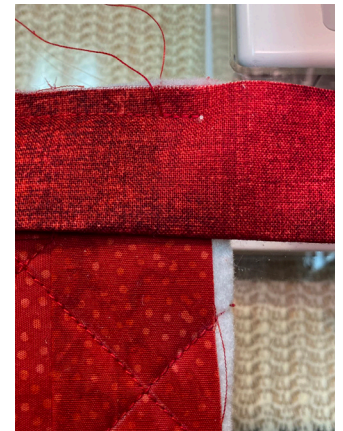
2.

### MITER

3. Once you've stitched a little over half way down the first side, stop with the needle down and measure 1/4" from both the bottom edge and side. Mark with your favorite marking method.



3.



3a.

3a. Begin the creation of the miter by stopping on your mark 1/4" from the edge and back stitch 3 or 4 stitches. Remove the project from the machine and rotate a quarter turn.



4.



4a.

4. Flip the binding up creating a 45 degree angle.

4a. Fold back down.

4b. Begin stitching again.



4b.

5. Repeat Steps 3-4b for next two corners.



6. For the last corner, move the binding that's laying across the bottom edge back out of the way.

6a. Mark a dot on the binding approximately 1/4" from the edge, just short of that bottom binding.



6.



6a.

6b. Stitch up to it and then back stitch 3 to 4 stitches. This allows all the binding to be brought around to the back.



6b.

7. Flip the binding to the back. Make sure the edge, where it will be stitched, is folded approximately 1/2" in. Fold the miters and hold in place with pins or binding clips.

8. Fold the "tail" so the raw edge is inside. Make the folded tail approximately the same width as the binding. Start stitching from the end of the tail towards the hot pad. Keep going and stitch across the non-mitered corner.

Continue stitching near the outer edge of the folded binding (just shy of 1/2" from the edge). This way as it is stitched down it will create a generous "in the ditch" look on the front. Stitch on three sides, securing the miter at each turn.

9. When on the last side, cut the tip of the tail at a 45 degree angle. Tuck the tail inside the binding creating the hang loop. Stitch to the bottom binding then back stitch over the loop's tail and forward stitch to secure the loop.

10. Ta da! How cute is that?! You did it!



7.



8.



9.



10.